



Tobacco Cessation Assistance / Resources

June 26, 2010

Effective July 1, 2010, all Southwest Tech College campuses are tobacco-free. This change is designed to create a healthier environment for everyone who comes to Southwest Tech to study, work, or visit and complies with the State of Wisconsin law (2009 Wisconsin Act 12). Our complete Tobacco Free Campus policy is available by contacting a Southwest Tech staff member.

To the extent feasible, and utilizing available college and community resources listed below, Southwest Tech will encourage all staff and students to choose a healthful, non-tobacco use / non-smoking way of life. Emphasis will be placed on educating and referring faculty, staff, and students to available resources/services that provide tobacco cessation assistance.

Tobacco cessation programs and resources are available for faculty and staff through:

- Employees - Wisconsin Physician Services (WPS) health plan (www.wpsic.org). Medication coverage up to 180 days per calendar year
- Students and Employees - Other personal health care plans
- Grant County Public Health Department (608-723-6416)
- Lafayette County Public Health Department (608-776-4895)
- Iowa County Health Department (608-935-2810)
- Richland County Health Department (608-647-8821)
- Crawford County Health Department (608-326-0229)
- Wisconsin Tobacco Quit Line (www.WiQuitLine.org or call 1-800-QUIT-NOW)
- UW Center for Tobacco Research and Intervention (www.ctri.wisc.edu)
- American Lung Association's "Freedom from Smoking" individual online program (www.ffsonline.org)
- American Cancer Society website (www.cancer.org)